مدارس العناية – ثنائية اللغة
Al-Enayah Bilingual School
مستقبل أبنائك يبدأ بلغتين

First Semester of the Academic Year 1447-2O25

Worksheet 15

Level	Primary	Name	
Subject	Science	Class	Grade 4

◆ *Choose the correct answer from the options below: a, b, or c* :

1. **What should you do after touching dirty objects?**

a) Eat food b) Wash your hands c) Go to sleep

2. **Which of the following is a healthy habit?**

a) Sharing your toothbrush b) Eating too much sugar c) Brushing your teeth

3. How many hours of sleep does the body need?

a) 4 hours b) 6 hours c) 8 hours

4. Which habit helps us to protect from diseases?

a) Healthy habits b) Watching TV c) Playing video games

5. What should you do when you feel sick?

a) Ignore it b) Visit the doctor c) Eat more sweets

◆ *Choose the true (T) for the correct answer or false (F) for the incorrect answer*

1. We should share our personal items with others. ( )

2. Eating fruits and vegetables is good for our health. ( )

3. Exercise helps strengthen the muscles. ( )

4. We don't need to sleep to stay healthy. ( )